

Images Of The Golf Mind

Imagination: Images of the mind - The Most Powerful Force

Albert Einstein said that imagination (images of the mind) is the greatest creative force. Why would such a great man say something that sounds so silly and trivial? Look at those words again: 'greatest creative force'. Imagination? Not education? Nor money? Nor luck?

Imagination is the force that takes you to places you have never been.

Life is images of the mind, expressed.

What this means is that Life, The Source, uses your thoughts, your mental images, as the instructions by which to create your reality in the material world. Life expresses your mental images into physical reality.

To express is to make known, to state, articulate, communicate, convey. The force of Life makes known your thoughts to yourself and everyone else by forming them into experiences and objects that can be experienced, here in the physical world. You experience your own thoughts first hand, your images of your mind, so that you may know which ones are suitable and which ones are not.

That is how you know yourself, that is how you experience your self, and that is how you grow. This is the supreme purpose of this physical world that we are now in. It is designed to enable you to experience your Self. It is designed to enable you to experience an idea and its effects and consequences.

Life does not select which ones of your images to express and which ones not to. How would it choose for you? It therefore expresses all of them to the extent that you have them and believe them.

You have true free will. This free will is truly free because of the fact that all of it is acted upon without filtering or favoring.

Free will is truly free because of the fact that it actually gets results all the time, not just some of the time, and it gets them exactly. Your ideas, visions and dreams, whatever they may be, are the prophecies of what you shall one day become and achieve. You can predict your outer life tomorrow by looking at your inner self today.

Imagination and Golf

So what does this mean concerning your golf game? It simply means **EVERYTHING!!**

Your mind and thoughts are what many have eluded to in passing conversations about golf or golf instruction. Hours and hours of time are dedicated to teaching you the fundamentals of golf and the technical parts of the swing that must be mastered in order to have a successful golf game. Or so you have been told.

Your mental outlook on your golf game sets the path for your golf game you will see in the future. This same mental outlook sets the path for each shot you take and swing you attempt.

Without a solid vivid image in your mind of what you desire to create, the universe is held hostage to the other ideas or fears you have stored in your mind. You have the free will to dictate what you will experience when you play golf.

Fear Is Another Path

Many golfers find another path to go down when they play golf and that is the path of fear. A fear based game is one that is doomed from the start. It sets the stage for negative thoughts which then attracts negative outcomes or situations when you play.

Erasing old limiting beliefs is the key to unraveling your previous poor results and creating a new golf game that you truly desire.

You can change your tomorrow by changing your inner self today. As you think, there do you find yourself. You attract the people that have something to teach you in line with your thoughts, people who have something to learn from you in line with your thoughts, and you repel those who have nothing more to learn from you and keep you in line with your thoughts.

The same goes for places and conditions, situations and environments. Many things influence your imagination - past fears, desires, poor mental training, lack of awareness, sub-personalities, lack of goals - and much more. But anything that influences your imagination is under your control. You can stop it simply by becoming aware of it and releasing it. And this is where awareness, consciousness, comes in as the key to clearing your mind of the debris that brings suffering to you and sabotages your success.

Create A New Approach To Improve

A solution to many of your current obstacles to your golf game sits with your mind-set, imagination and visions you have for your game.

A new approach must be made and re-made all the time with your desired golf game.

Your golf game is images of your mind expressed. As your mind leads you to situations with your golf game your desires and reactions change. That is what living life is all about. A great thing about golf is that your inner thoughts and inner images are expressed so quickly when you play.

To change your outcome on the course you must first change the outcome in your mind. Change your images in your mind before you play and your outcomes will improve.

Your First Step

To begin to understand how your thoughts really effect your golf game you need to discover a source that can **re-direct** your thoughts and place you in a better direction to improve your golf game.

The Alcerro Method was specifically created to introduce to golfers the simple effects of their mind in their golf game. Your golf game is directly affected by your **inspiration** to improve, **creation** of thoughts and desires to move forward, the **manifestation** of those desires and finally the **enlightenment** from the results of your thoughts and aspirations.

The creator of The Alcerro Method, Al Owens, was inspired to create a special way to introduce the idea that your thoughts and beliefs and emotions are critically inter-woven to create what you see when you play every day.

That inspiration was answered with his new book [Manifest Your Golf Desires](#). This 21 chapter e-book lays the solid ground work for you to use to begin to shape your mind, thoughts, images and beliefs for your intended golf game.

It not only describes to you why your golf game sits where it is but it also gives you specific new approaches to use to change your golf game and begin to build the images that are needed for your game to go to the next level.

Blueprint of Your Golf Game

Your images of the mind are the blueprint of your life.

Source (life) uses thoughts and images as instructions to create your physical reality (your golf game).

Life does not pick your thoughts and results – **YOU** have free will.

Spend time daily feeding source your images (imagination) with pictures, movies and concentration.

THOUGHTS AND IMAGES OF THE MIND

You create your universe out of the quantum field using images of your mind. Energy particles, the building blocks of the whole universe, 'arrange' themselves to our thoughts. That is why it is said you have free will, and anything you believe you can achieve.

It has also been said that faith can move mountains, and that is very literal. And quantum physics shows why. Your life is images of your mind, expressed. You are living the life that you have imagined. The thoughts, dreams and fears that you have had and believed have crystallized into your world.

Because we become what we think about most. Our thoughts create our next experience, our next moment. We have a mountain of scientific, spiritual and psychological evidence of this fact, yet we hear it and forget it. Quantum physicists have proven beyond a doubt that the material world is fully dependent on its observers. They have proven that all matter is made of energy, and this energy 'arranges' itself into the matter we see based on the expectations of the observer. In other words, it is our intentions, attention and observations that 'collapse' this energy into matter.

This is not scientific speculation any more. Nobel Prize winning scientists have proven this without a shred of doubt. And what do our religions tell us? All our religions, all of them, tell us that what we believe we become. The Bible, for example, tells us that whatever we ask, we receive, whatever we seek, we find, whatever we believe, we are, and as a man thinketh in his heart so is he.

Whenever you are thinking, you are asking. Your asking does not start when you start praying and end when you say 'amen'. All your thoughts are constant communication with the universe, communication that is acted upon exactly. Every thought of fear and worry that you have produces an outcome in your world. It is this outcome that you call 'failure that was

beyond your control'. It was never beyond your control - you just were not conscious of what you were doing and the power that you had. You have now heard evidence from science and religion that this is so.

The bad news is that you have about 50,000 thoughts a day, 90% repetitive, most of which you are unaware of, many of them negative, and all of them make up your life. The good news is that you can become aware of them by choosing to be, and you can start thinking straight, focused, clearly and positively and your world will change likewise.

Your golf game is a result images of your mind expressed.

Be crystal clear with your desires and the universe will answer you. Your present moment is a pre-sent moment from your previous thoughts and visions and images you have put forward.

Give universe exactly what you desire.

Use pictures, documents, magazines, internet and any method to show source what you desire.

The life you are living is the one you have imagined.....thus far.

Source expresses your thoughts to deliver your physical reality to you.

To express is to make known – your thoughts express themselves for others to see your inner world.

STATE OF YOUR GOLF GAME

Your state of your golf game is an extension – testament of your state of thoughts internally.

How clear and certainty you are in thoughts of your golf game are reflected in your life and the results you see on the golf course or practice range.

Life does not select which thoughts to select and which ones not to.

Life expresses thoughts to you based on your belief in them.

Free Will, non focused thoughts can be affected by others and their beliefs

FOCUSED THOUGHTS

To the extent your thoughts are clear, focused – your thoughts will speed up manifestation.

Suffering is an error in thinking.

Suffering ends when thought and images of your mind change. Allow and embrace suffering...then change your thought

BE SPECIFIC

Be specific and do not continue to change your mind.

Thoughts produce results....changing your mind and thoughts confuses source.

Whatever you put your attention to gets energy from you and grows, be deliberate.

If you remove attention – it dies.

Be conscious and deliberate, intention goes along with attention.

What you intend and give attention to begins and becomes.



A Center for Golf & Personal Advancement

inspiration - creation - manifestation - enlightenment